

Breathe
SPA

Take a deep breathe . Inhale peace . Exhale happiness

THE STORY OF BREATHE

Inhale, exhale, repeat. Breathing is so simple, and yet its effects are miraculous. The ultimate sign of life, the foundation of meditation. Breath is the means by which we can truly focus on the present moment.

Breathe Spa is built around the idea of giving guests a healthy and completely relaxing meditation. Combining traditional Eastern and modern Western wellness therapies, Breathe Spa builds foot reflexology treatments that focus on the body's natural ability to magically and heal itself. During the treatment, we use essential oils and herbs combined with reflexology massage to relax and energize guests for a full recovery.





REFLEXOLOGY

Reflexology has a beneficial effect on your health because the reflex areas in your feet influence your entire body.

FOOT REFLEXOLOGY

30 minutes 550,000 | 60 minutes 750,000

- **Sens-O-Logy**
The oriental foot reflexology treatment is especially designed to restore and keep the balance of your body. Indeed, through a combination of pressure points on the feet the equilibrium of the yin and yang will be recovered.
- **B-Zen**
The only treatment that can help you get rid of stress is in the body. In addition, the techniques used in B-Zen are a great way to relieve stress. Along with the technical depth, the acupressure stickers that staff therapists use are a powerful tool that helps you go to deep sleep and relax completely.
- **D-Tox**
This reflexology treatment is especially dedicated to detoxification in order to eliminate the toxins of the body. Better than medicine as it is a non-intrusive treatment. Indeed, the therapist nicely awakens the digestive system using acupressure on the sole of the feet.

HAND REFLEXOLOGY

45 minutes 650,000

The oriental hand reflexology treatment combine with relaxing action is especially designed to restore, relief stretching, stimulating blood muscle.

FACIAL RELEXOLOGY

60 minutes 850,000

The techniques reflex are focused on your face and head along with all deeply facial steps in natural help you relax , leaving your face skin full energy.

All prices are quoted in VND, inclusive of 5% service charge and 10% VAT.



KAYIKA CHIKISTA

Kayika Chikista, Indian Sanskrit for body massage, uses ancient Ayurvedic rituals to unblock the body's invisible marma points, increase energy flow, ease tension and soothe the strains of daily life.

BACK, NECK, SHOWER RELEASE

50 minutes **750,000**

A gentle treatment that will reset your entire system for 50 minutes, providing relief from neck-ache, headache, stiffness and muscle pain to improve blood circulation, better sleep and reduce fatigue.

** Pressure: light to medium*

NATURAL LIVING OIL

60 minutes **950,000** | 90 minutes **1,250,000**

Combining the best of Eastern and Western relaxing techniques with our organic Natural Living herbal blends, this deeply relaxing therapy ritual soothes the physique, mind and spirit, transporting you instantly to a place of inner peace and calm.

** Pressure: light to medium*



THAI BAIA

60 minutes **1,050,000**

This Thai-inspired, no-oil treatment opens up the body's joints while releasing blocked energy and increasing circulation, leaving you feeling refreshed, reinvigorated and revitalised.

** Pressure: medium to strong*

BREATH RELAXATION

90 minutes **1,550,000**

Performed by two therapists, this is a unique blend of four different massage styles: Thai, Hot Stone, Swedish and Reflexology. The synchronisation of the two therapists makes this therapy a sublime experience.

All prices are quoted in VND, inclusive of 5% service charge and 10% VAT.



BAIA BODY CARE

Honoring your body physically, emotionally, and spiritually will help you get the most out of life and ensure you are functioning optimally. Full-body techniques to activate creative energy.

MUSCLE TENSION RELEASE

60 minutes **950,000** | 90 minutes **1,250,000**

Combining the best of Eastern and Western relaxing techniques with our organic Natural Living herbal blends, this deeply relaxing aromatherapy ritual soothes the physique, mind and spirit, transporting you to a place of inner peace and calm.

** Pressure: medium to strong*

THE HOI AN STORY

90 minutes **1,250,000**

This hot stone treatment helps relieve muscle pain, reduce stress, boost immunity, sleep better, reduce symptoms of autoimmune diseases, and reduce symptoms of cancer.

** Pressure: light to medium*

RENEWAL COMBO

90 minutes **1,550,000**


This combo starts off with a 60-minute body treatment with oil. The therapist will continue refreshing your body with coffee to peel off the skin and get rid of dead skin cells.

RESTORE COMBO

100 minutes **1,650,000**

The treatment starts off with the "The Hoi An Story" for 60 minutes. It helps relieve muscle pain, reduce stress by wrapping your body in mud.

All prices are quoted in VND, inclusive of 5% service charge and 10% VAT.



Breathing is the greatest pleasure in life.

– Giovanni Papini –

ULTIMATE EXPERIENCE

Tailored treatments that are designed for the senses.

KING THERAPY PACKAGE

180 minutes **1,950,000**

The King Therapy Package is the ultimate experience for the whole body which lasts 180 minutes. This quintessential treatment begins with a sauna session helping purify the body completely. The therapist then take care of your tiring feet with a herbal wash. Hot stone treatment delivers a warm and comfortable sense. Combined with the THAI BAIA technique, it will open up the joints of the body, release blocked energy and increase blood circulation, helping you revitalize and refresh. The treatment ends with a herbal scrub, which will help prevent dullness.

QUEEN THERAPY PACKAGE

180 minutes **1,950,000**

The treatment package will be like a luxurious ritual and thoughtful in every detail. Bringing the user a feeling of being pampered like a queen, with steps such as: sauna, foot bath, detox,... The technicians will bring you a lesson of NATURAL ESSENTIAL OIL combining the following techniques. Eastern and Western therapeutic techniques, with our unique herbal blend. Finish with chocolate incubation to help skin retain moisture and increase collagen activity.

TWO HEARTS

120 minutes **2,550,000**

This treatment combines three exclusive pampering techniques: Sauna – Steam for 2pax (30 minutes), Natural Living Oil treatment for 2pax (60 minutes), and Let Coffee Talk Package for 2pax (30 minutes).

All prices are quoted in VND, inclusive of 5% service charge and 10% VAT.



*Just Breathing can be
a luxury sometimes*

SCRUB & WRAP

You deserve to be pampered.

LET COFFEE TALK (SCRUB)

30 minutes **680,000**

Helps facial skin smooth and bright, repels signs of aging. Coffee also moisturizes, softens skin, coffee also fades freckles, repels tiny wrinkles on your skin.

LET HERBAL TALK (SCRUB)

30 minutes **680,000**

One of the benefits of herbal scrubs is to prevent dullness. At this point, it is associated with the presence of good fragrance of coconut oil scrubs. Due to the presence of vitamin E in HERBAL can protect and moisturize the skin and prevent any inflammation on the skin related to sunburn.

CHOCOLATE LOVE (WRAP)

45 minutes **780,000**

Break down free radicals, moisturize the skin and increase collagen activity, slow down the aging process, bring give you a youthful skin.

CLAY DANCE (WRAP)

45 minutes **780,000**

Detoxify, unclog pores and clean skin. Kaolin Clay can absorb sebum, excess oil, dirt, toxins that exist on the surface of the skin and in the pores. This will help open pores, deep clean skin, prevent acne from multiplying and developing.



All prices are quoted in VND, inclusive of 5% service charge and 10% VAT.

HAIR CARE

At Breathe Spa, we offer the hair care services with wow experiences.

SHAMPOO & BLOW DRY

50 minutes **480,000**

Shampoo, hair conditioner, hair blow dry.

NOURISHING HAIR CARE

50 minutes **580,000**

Shampoo, hair conditioner, extra neck, head massage, hair blow dry

All prices are quoted in VND, inclusive of 5% service charge and 10% VAT.



THE LUXURY V.I.P ROOM

The Luxury V.I.P room offers two highclass massage beds, sauna and steam facilities, bathroom showers, and an utmost private space and atmosphere for discerning customers. The room is designed for couples or solo guests to enjoy treatments comfortably. Get ready to be served by two experienced spa therapists.

A surcharge (30% of your total bill) will be applied if you choose the V.I.P room for your treatment.



Breathe
SPA

OPENING HOURS

09:00AM - 09:00PM Monday to Sunday

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